



Anne Marie Kingston

AWARD-WINNING PROFESSIONAL
DECLUTTERER



BIO

Anne Marie Kingston is a Qualified Professional Declutterer who helps women to start decluttering by taking action NOW! She motivates, supports, and guides her clients to let go of unwanted, unloved and unused items also known as clutter. Anne Marie has been decluttering for over 30 years on a personal level for both family & friends and after serving nearly 12 years with the Bank of Ireland applied for voluntary redundancy back in 2012 to start her family with her husband John and is now a mum to 3 kids - Ryan, Caoimhe & Cara. Anne Marie trained in Limerick for over 12 months and qualified as a Professional Declutterer in February 2016 and set up her business called White Sage Decluttering on 1st March 2017 supporting her clients with hands-on decluttering sessions.

Featured in Press, Podcasts and TV

DERMOT & DAVE



ELAINE SHOW



SARAH LEATHER SHOW



PATRICIA LOHAN



RSVP



Social media and contact details



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WHITESAGEDDECLUTTERING.COM



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Personal Story

When she was 2, Anne Marie's dad was diagnosed with cancer in the bone in his leg and as a result, his leg was amputated. Her mother took on the family farm and as a result Anne Marie an only child took on the household duties from a very young age. Anne Marie had been decluttering and organising family and friends' homes for over 30 years. It was time for her to follow her dreams and passion for decluttering as she knew deep down there was a niche for the service. Anne Marie supports her clients all over Cork County. From time to time she opens her diary to travel outside of Cork with her magical hands-on decluttering sessions where she transforms a room in a day (6 hours decluttering), takes her clients' clutter to the local charity shops and recycling centres and sets up systems so that her clients can maintain a clutter-free home for life.

In 2020 as a result of Covid-19, she set up her online academy called White Sage Academy and supports women all over Ireland with accountability and monthly themed training to decluttering every inch of their homes.

Credentials

- Featured in local & national newspapers
- Featured on local & national radio
- Featured on the Elaine Show
- Expert declutterer for female membership groups
- Award-winning Professional Declutterer – Network Ireland West Cork
- Known as Cork's Queen of Decluttering (nothing phases her)
- Also known as West Cork Marie Kondo (though she doesn't use that method - has developed her own organisational systems over the last 30 years)
- Member of Network Ireland West Cork - Vice president for 2022 and to become President in 2023